

187 OF THE YEAR'S TOP TRENDS, FOOD,
SHOPS, ART AND MORE (p.73)

Best Restaurant
++
Ballot inside!

seattle

THE PREMIER SEATTLE MONTHLY

DECEMBER 2008



Cozy up to the
fireplace and
relax before
your treatment
at Vida Spa
in South Lake
Union

BEST SPA WAITING AREA **RELAXATION ROOM AT VIDA SPA**

(South Lake Union, 2200 Westlake Ave.; 206.264.VIDA [8432]; vidawellness.com) → Many a spa try to woo you into serenity with their lounge areas, but no one does it better than the new Vida Spa. Warm, comfy intimate couches nestle right up to chic electric fireplaces that lend themselves to true comfort and relaxation—the kind you find at a tucked-away mountain resort. Forget the city, nosh on a couple of almonds and sip some lavender water while you wait to be pampered in style.