

OCT
'09

FASHION

**WIN
(ALMOST)
EVERYTHING
IN THIS
ISSUE!**

OVER 1,750 PRIZES
DRESSES, PERFUMES,
TRIPS, LIPSTICKS,
JACKETS & MORE

**SHOPPING
SPECIAL**
**OUR TOP PICKS
FOR SMART FALL
SHOPPING**

*Chic coats,
cozy knits,
best boots &
cool leather
jackets*

SHAKIRA
"I've always
felt this animal
inside me."

IN THE RED
How to
wear fall's
sexiest lip
colour

VIDA SPA *Sheraton Wall Centre Hotel, 1088 Burrard St., Vancouver; Sutton Place Hotel, 845 Burrard St., Vancouver; 604-682-8432; vidawellness.com.* Besides preparing to open a third Vancouver location at the Westin Bayshore this winter, Vida is also launching a duo of Local Artisan Treatments, which feature fresh, regionally grown herbs to fight the effects of aging, assist in cell regeneration and detoxify. Choose from a Local Artisan Swedana (\$175) or Local Artisan Ayurvedic facial (\$160). □

Reported by Malena Harbers (Toronto), Karen Ashbee (Calgary and Edmonton) and Rebecca Tay (Vancouver).

**FRIZZ FREE
AT LAST**
Yes, Rapunzel,
there is a cure

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\$4.50
DISPLAY UNTIL
OCTOBER 18

